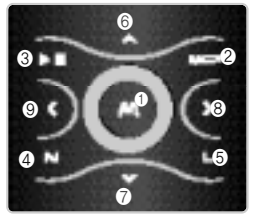


4) Basic Button Operation



1. M : Menu/Enter (When press the button for a long period of time, menu selection display will be appeared. It may be used to enter)
2. MC ²: MC Square Program / select button
3. ▶ / ||: play / Pause
4. N: Natural sound
5. L : MC Square volume, color, light, natural sound volume control
6. ▲ : scroll to the top/volume up
7. ▼ : scroll to the bottom/volume down
8. > : shift to the right/light up/FF
9. < : shift to the left/light down/REW

5) LCD Display

The first display is always MC Square mode.
When pressing the M button for a long period of time, the display is converted to main menu and when pressing it for a short period of time, the display is converted to sub menu.
Please select the menu by pressing the ◀.▶ button before pressing the M button.



6) Introduction of MC Square program

Program	Running time	Purpose	Usage	Effect
P1: Pre-concentration 	15 min	Anxiety relief and concentration preparation	Eyes closed and comfortable posture on the chair	Help to reduce stress, anxiety, pressure and drowsiness in order to induce the better concentration
P2: Relaxation 	15 min	Fatigue relief	Eyes closed and comfortable posture	Help to reduce stress and drowsiness by inducing deep relaxation for a short period of time
P3: Concentration 	60 min	Concentration maintenance	Earphone only	Help to maintain concentration and enhance work ethic
P4: Language 	60 min	Concentration maintenance while using auxillary sources	Auxillary connection to other devices and earphone only	Help to concentrate while memorization
P5: Energizing 	10 min	Overcoming drowsiness	Eyes closed and comfortable posture on the chair	Help to relief lethargy and overcome drowsiness
P6: Sleep 	30 min	Sleep inducement	Eyes closed and laying posture	Help to induce sleeping for better wake-up
Natural sound		Better effect of MC Square programs	Play the sound along with MC Square programs	Better effect of MC Square programs

Disclaimer

Please read thoroughly!

The information contained in this book is intended for individuals who will be using light and sound and/or sound only instrumentation. Light and sound instrumentation is not intended as a treatment for any mental, emotional or physical ailment or condition. Persons with a history of epilepsy or any form of brain seizure should not use a pulsed light brain injuries, tozemia, drug abuse and unspecified other conditions, known or unknown to the user, are conditions which may produce brain seizures. The company accepts no responsibility or liability for seizures or other negative effects that may occur to individuals utilizing light and sound and/or sound only instruments.

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mcsquare X1

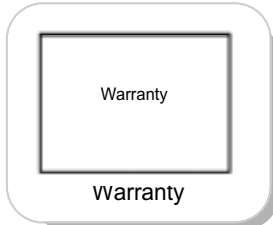
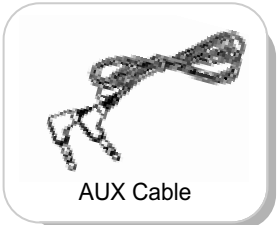
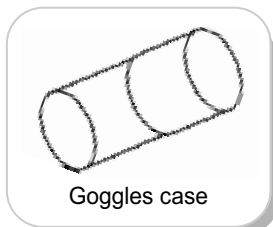
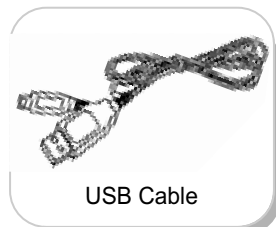
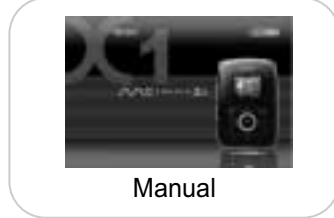
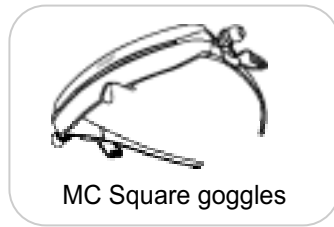
Quick Guide

Thank you for purchasing the product.
www.mcsquare.co.kr

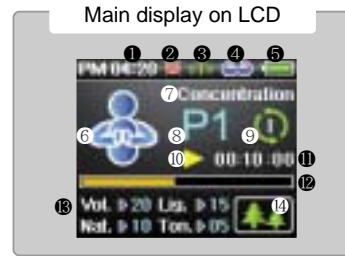


1) Product Configuration

MC Square X1 is comprised of the following components.
Please make sure the below components are included in the box.
In case of missing any of the components, please contact or visit us.



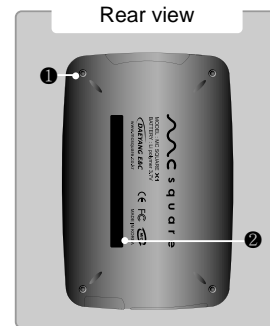
2) Product Information



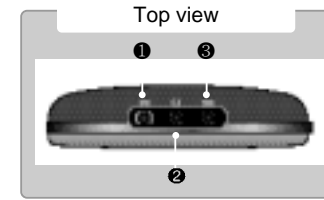
- ① clock
- ② Alarm
- ③ Turbo
- ④ Goggle
- ⑤ Battery
- ⑥ Program Icon
- ⑦ Program type
- ⑧ Program
- ⑨ Repeat
- ⑩ Play/Pause
- ⑪ Running time
- ⑫ Time gauge
- ⑬ Volume, Light level
- ⑭ Natural sound



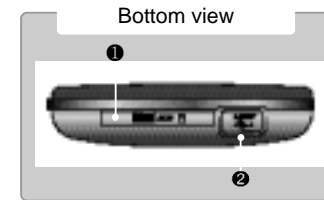
- ① LCD display
- ② Touchpad Button



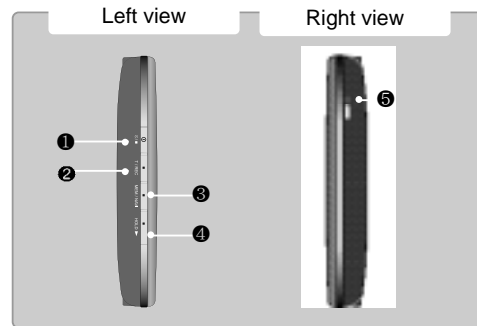
- ① Hand Strap
- ② Label, Serial number



- ① Goggle Jack
- ② Earphone Jack
- ③ Aux Jack



- ① mini SD Card slot
- ② USB Connector



① Power / Stop	<ul style="list-style-type: none"> • Power ON/OFF (when pressing the button for a long period of time) • Stop the play from MC Square mode or any other modes • Escape from the mode
② T / REC	<ul style="list-style-type: none"> • Turbo function (amplifying the MC Square sound) when pressing for a short period of time • Record function when pressing for a long period of time from MC Square and Record/Play mode
③ MEM / NAVI	<ul style="list-style-type: none"> • Store the data in the memory when pressing for a long period of time at MC Square mode • Open the stored data in the memory when pressing for a short period of time at MC Square mode • Find a file when pressing for a long period of time at Record/Play, TextView, ImageViewer mode • Repeat function
④ HOLD	<ul style="list-style-type: none"> • Holding function at every mode
⑤ Reset	<ul style="list-style-type: none"> • In case of program or device halt, please use this button to reboot the device.

3) How To Use

1. Buttons

Long/Short press: According to long/short press the touchpad buttons or side buttons, different menus will be played.

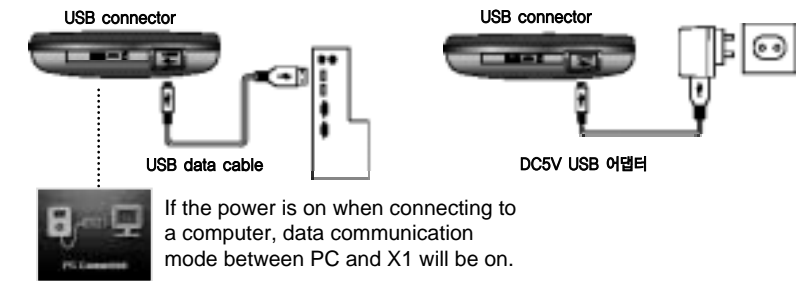
ex) Main menu: Press the button for a long period time

Sub menu: Press the button for a short period of time from the mode.

2. Charging the battery

MC Square X1 uses the built-in lithiumpolymer battery and while X1 is connected to a computer or DC adapter via USB Cable, it is charged.

If the power is off when connecting to a computer, button in the middle will be lighted and it will start charging. When the charging is done, the light of M button will be off.



3. Turn the power on/off

- > **Power ON** : When the power is off, press the POWER button for a long period of time.
- > **Power OFF** : When the power is on, press the POWER button for a long period of time.

4. Connect a MC Square Goggle and Earphone

- > Connect a goggle and earphone as the picture shown.
- Caution: Please make sure to connect goggle and earphone to the appropriate ports.**
- > Earphone port: black colored (center)
- > Goggle port: Silver colored

5. MC Square Program

- > From the main display, press **MC²** button for a long period of time. Then, **MC²** program will be displayed.
- > **MC²** button is a hot-key. From other modes, pressing **MC²** button for a long period of time will return to MC square mode.

1. Using a and key to scroll the bar and press the M button to play MC² program.
 2. Using a and key to select a program, press the button to execute.
- > If press a stop or button, the program will not be selected and it will be returned to MC² mode.